

FEBRUARY

Monday

Tuesday

Wednesday

Thursday

Friday

main dish

dessert
snack

main dish

dessert
snack

main dish

dessert
snack

main dish

dessert
snack

main dish

dessert
snack

			1 corn balls with minced veal and vegetables	2 bean mix rice
			seasonal fruit	seasonal fruit
			cereals	pop corns
5 cream of vegetables corn bread with ham	6 oven roasted chicken with potatoes green peas sauté	7 fish casserole rice	8 pasta with broccoli and bacon	9 lentils rice
seasonal fruit		seasonal fruit	seasonal fruit	seasonal fruit
olives & crackers	yogurt	plumcake	fruit	cookies
12 pasta with vegetables and cheese	13 chicken stew rice	14 tuna empanada	15 veal burgers potatoes & green beans	16 chickpeas rice
seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit
olives & crackers	yogurt	plumcake	croissants	soft milk bread
19 veggie tortilla tomatoes, cheese and corn salad	20 rice with chicken and vegetables	21 oven cook fish filet steam vegetables	22 oven roasted pork tenderloin pasta steam cauliflower	23 lentils rice
seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit
ham & cheese sandwich's	yogurt	breadsticks with turkey	bread with jam	croissant
26 quinoa with vegetable and cheese	27 chicken nuggets potatoes green peas sautee	28 fideua		
seasonal fruit	seasonal fruit	seasonal fruit		
breadsticks with cheese	petit Suisse	olives and cheese		