

DECEMBER

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|--|---|----------------------------------|---|--|
| Main course | 3 Spanish Tortilla Salad | 4 Lasagna | 5 Fish casserole rice | 6 NO SCHOOL | 7 White beans and vegetable soup with rice |
| | Seasonal fruit | Seasonal fruit | Seasonal fruit | | Seasonal fruit |
| | cereals | yogurt | fruit | | plumcake |
| Dessert Snack | | | | | |
| | 10 Pasta with tomato and vegetable sauce | 11 pork tenderloins rice & green peas | 12 Tuna empanada | 13 shirred chicken with vegetables cous cous | 14 chili con carne rice |
| | Seasonal fruit | Seasonal fruit | Seasonal fruit | Seasonal fruit | Seasonal fruit |
| Main course | Breadsticks with hummus | | fruit | Petit Suisse | cheese & rice crackers |
| | 17 vegetable soup arepas with cheese | 18 oven roasted chicken potatoes | 19 rice with fish and veggies | 20 veal burguers potatoes & broccoli | milk cookies |
| | Seasonal fruit | Seasonal fruit | Seasonal fruit | Seasonal fruit | Seasonal fruit |
| Dessert Snack | Pretzel and ham | cereals | yogurt | olives & crackers | ginger cookies & chocolate |
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