

FEBRUARY

Monday

Tuesday

Wednesday

Thursday

Friday

main dish

dessert
snack

main dish

dessert
snack

main dish

dessert
snack

main dish

dessert
snack

main dish

dessert
snack

				1	beans mix rice
					seasonal fruit
					corn crackers
4	5	6	7	8	with beans soup rice
Chicken noodles spinach omelets	veal burgers potatoes with green beans	fish casserole rice	pasta with tomato sauce & vegetables and cheese		
seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit		seasonal fruit
breadstick with chocolate	yogurt	mini bikinis	muffins		cookies
11	12	13	14	15	chili with meat rice
minestrone arepas with cheese	turkey stew rice	tuna empanada	quinoa with vegetables		
seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit		seasonal fruit
rice crackers	olives & crackers	Petit Suisse	fruit		pop corns
18	19	20	21	22	STAFF DAY
Spanish Tortilla Salad, tomato, cheese & corn	pork tenderloin steam veggies	oven cook fish filet smashed pure vegetables	rice chicken & vegetables		
seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit		
bread with cheese	muffins	breadsticks with ham	croissants		
25	26	27	28		
pasta with ham & broccoli	lasagna	fish rice	shirred chicken cous cous with carrots		
seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit		
yogurt	fruit	cereals	cookies with chocolate		