

FEBRUARY

	Monday	Tuesday	Wednesday	Thursday	Friday
main dish	3 pasta with carbonara sauce	4 veal meat balls pasta	5 fish casserole rice	6 chicken nuggets stew veggies	7 chickpeas rice
	dessert seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit
	snack turkey bread rolls	yogurt	muffins	olives & cheese	pop corns
main dish	10 Chicken noodles pan integral	11 pork tenderloin smashed potatoes green peas	12 tuna empanada	13 rice with chicken & vegetables	14 lentils rice
	dessert seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit
	snack cereals	custard	rice crackers with chocolate	yogurt	cookies & milk
main dish	17 cream of vegetables arepas with cheese	18 veal burgers oven cooked potatoes	19 fish filet in green sauce rice	20 chicken lasagna	STAFF DAY
	dessert seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit	
	snack vanilla crispy cookies	petit Suisse	toast with cream cheese	cookies	
main dish	25 Spanish Tortilla Salad, tomato, cheese & corn	26 turkey stew rice	27 fish rice	28 pasta with broccoli & ham	29 chili with meat rice
	dessert seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit
	snack bread with jam & cheese	breadstick with guacamole	yogurt	muffins	sweet bread