

## DECEMBER

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main course</b>				<b>1</b> chicken nuggets baked potatoes spinach sauté	<b>2</b> chickpeas rice
<b>Dessert</b>				Seasonal fruit	Seasonal fruit
<b>Snack</b>				breadsticks with guacamole	cookies with milk
<b>Main course</b>	<b>5</b> quinoa with vegetables and cheese	<b>6</b>  HOLIDAY	<b>7</b> fideua	<b>8</b>  HOLIDAY	<b>9</b> white beans rice
<b>Dessert</b>	Seasonal fruit		Seasonal fruit		Seasonal fruit
<b>Snack</b>	mini bikinis		yogurt		plumcake
<b>Main course</b>	<b>12</b> veggie soup corn bread with cheese	<b>13</b> shirred chicken cous cous with vegetables	<b>14</b> pan baked fish filet rice with vegetables	<b>15</b> pasta with white suace and cheese	<b>16</b> bean mix rice
<b>Dessert</b>	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit
<b>Snack</b>	turkey bread rolls	breadsticks & cheese	yogurt	cereals & milk	plumcake
<b>Main course</b>	<b>19</b> Catalan noddle soup	<b>20</b> stuffed turkey roll bake potatoes	<b>21</b> fish casserole arroz con vegetales	<b>22</b> lasagna	<b>23</b> baked ham salad
<b>Dessert</b>	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit
<b>Snack</b>	panettone	corn sticks	yogurt	pretzels	ginger cookies & hot chocolate