

MARCH

Monday

Tuesday

Wednesday

Thursday

Friday

main dish

dessert  
snack

main dish

dessert  
snack

main dish

dessert  
snack

main dish

dessert  
snack

main dish

dessert  
snack

		1 tuna empanada	2 pasta with broccoli and ham	3 white bean soup rice
		seasonal fruit	seasonal fruit	seasonal fruit
		yogurt	turkey rolls	pop corns
6 pumpkin cream arepas with cheese	7 turkey stew with mushroom rice con vegetables	8 fideua	9 vegetable quiche sausages	10 minced veal black beans rice
seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit
obleas with dulce de leche	toast with cream cheese	yogurt	breadsticks with cheese	pan de leche
13 minestrone bread	14 chicken with lemon sauce cous cous with carrots	15 rice a la marinera	16 quinoa with vegetables	17 Catalan beans Catalan sausages rice
seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit
cheese, olives & crackers	rice crackers	yogurt	cookies & milk	plumcake
20 Tortilla Salad bread	21 rice with chicken and vegetables	22 fish filet smashed potatoes green peas sauté	23 lasagna	24 chick peas rice
seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit
cereals with milk	corns baked sticks	yogurt	olives & crackers	corns crackers
27 pasta with vegetable sauce and cheese	28 pork stew in vegetable sauce polenta	29 fish in green sauce rice with vegetables	30 veal burgers vegetables sauté	31 bean mix rice
seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit
croissants	corn crackers with chocolate	yogurt	chocolate cookies	<b>EASTER PARTY</b>