

DECEMBER

Monday

Tuesday

Wednesday

Thursday

Friday

Main course

Dessert

Snack

Main course

Dessert

Snack

Main course

Dessert

Snack

Main course

Dessert

Snack

2	chickpeas rice
	Seasonal fruit
	cookies with milk
8	HOLIDAY
15	bean mix rice
	Seasonal fruit
	fruit
22	baked ham rice with vegetables salad
	Seasonal fruit
	ginger cookies & hot chocolate

4	quinoa with vegetables and cheese	5	american style burgers baked french fries	6	HOLIDAY	7	chicken nuggets & rice spinach sauté
	Seasonal fruit		Seasonal fruit			Seasonal fruit	
	mini bikinis		raisins, cheese & baked chips			breadsticks with guacamole	
11	veggie soup arepas with cheese	12	shirred chicken cous cous with vegetables	13	pan baked fish filet mijo	14	pasta with white suace and cheese
	Seasonal fruit		Seasonal fruit		Seasonal fruit		Seasonal fruit
	turkey bread rolls		toast & cheese		yogurt		cereals & milk
18	Catalan noddle soup	19	stuffed turkey roll bake sweet potatoes	20	fish casserole rice with vegetables	21	lasagna
	Seasonal fruit		Seasonal fruit		Seasonal fruit		Seasonal fruit
	panettone		corn sticks		yogurt		pretzels