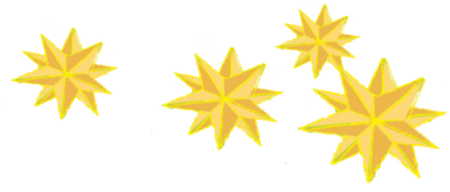


APRIL

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	1 EASTER BREAK	2 meatballs in tomato sauce small pasta carrots sauté	3 fish casserole rice	4 shirred chicken with vegetables cous cous	5 lentils rice
Dessert		seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit
Afternoon snack		fruit	yogurt	hummus with pita bread	pop corns
Main dish	8 veggie cream arepas with cheese and avocado	9 turkey cubes with mushrooms steam potatoes	10 fideua	11 vela stew millet with vegetables cauliflower a la creme	12 bean mix rice
Dessert	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit
Afternoon snack	cereals with milk	fruit	yogurt	guacamole with chips	sweet bread
Main dish	15 Spanish tortilla salad and bread	16 chicken breast in lemon sauce steam broccoli potatoes	17 pasta with tuna sauce	18 quinoa with vegetables	19 chili con carne rice
Dessert	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit
Afternoon snack	muffins	fruit	yogurt	turkey & cheese rolls	corn crackers with dark chocolate
Main dish	22 veggie quiche sausages	23 chicken & veggie lasagna	24 fish filet in green sauce rice with vegetables	25 chicken nuggets oven cooked potatoes green peas sauté	26 chickpeas rice
Dessert	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit
Afternoon snack	toast with cheese	fruit	yogurt	croissants	rice crackers with ham
Main dish	29 pasta with tomato sauce and cheese	30 veal medallions in veggie sauce polenta broccoli teriyaki			
Dessert	seasonal fruit	seasonal fruit			
Afternoon snack	fuet, olives & bread sticks	fruit			