

JUNE

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish dessert snack	3 Spanish tortilla pan integral seasonal fruit	4 turkey stew with vegetables rice seasonal fruit	5 fish filet in green sauce potatoes & green beans seasonal fruit	6 Vegetables quiche sausages seasonal fruit	7 black beans minced veal corn balls seasonal fruit
	Hummus & breadsticks	cereals with milk	yogurt	fruit	rice crackers
	10 pasta with broccoli & ham seasonal fruit	11 chicken in mushroom sauce smashed potatoes seasonal fruit	12 fish casserole rice with vegetables seasonal fruit	13 rice with vegetables seasonal fruit	14 withe beans rice with vegetables seasonal fruit
Main dish dessert snack	chips with guacamole	corn crackers & peanut butter	yogurt	fruit	turkey & cheese rolls
	17 Veggie cream arepas with cheese seasonal fruit	18 minced veal with vegetables broccoli polenta seasonal fruit	19 pan seared hake rice green peas sauté seasonal fruit	20 lasagna seasonal fruit	21 GRADUATION DAY Moroccan lentils rice seasonal fruit
	muffins	toast with cheese	yogurt	fruit	party time!!!
Main dish dessert snack	24 SANT JOAN HOLIDAY	25 pasta with meatballs seasonal fruit	26 fish rice seasonal fruit	27 pork stew with vegetables millet seasonal fruit	28 bean mix rice with vegetables seasonal fruit
		cereals with milk	yogurt	fruit	corn sticks