

# APRIL

Monday



Tuesday

Wednesday

Thursday

Friday

main course

dessert

afternoon snack

main course

dessert

afternoon snack

main course

dessert

afternoon snack

main course

dessert

afternoon snack

main course

dessert

afternoon snack

	1	2	3	4
	turkey stew with mushroom rice with vegetables	stew fish filet steam vegetables	minced veal with vegetables corn ball	beans and vegetable mix rice
	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit
	cereals with milk	yogurt	fruit	bread with almond butter
7	8	9	10	11
pasta with broccoli	rice with chicken and vegetables	tuna empanada	pumpkin soup spinach omelets	<b>EASTER PARTY</b> chili con carne rice cherry tomatoes
Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit
tortilla rolls with cheese and turkey	cereals with milk	yogurt	fruit	fruit and treats
14	15	16	17	18
veggie soup "arepa" with cheese	shirred chicken with vegetables bulgur wheat stew cauliflower	fideua		
Seasonal fruit	Seasonal fruit	Seasonal fruit		
raisins, cheese & breadsticks	cereals with milk	yogurt		
21	22	23	24	25
<b>EASTER BREAK</b>	vegetable quiche fresh cheese wholewheat bread	fish and vegetables casserole rice	shirred chicken with vegetables millet with vegetables	lentils rice with vegetables
Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit
cereals with milk	cereals with milk	yogurt	fruit	bread with peanut butter
28	29	30		
pasta with vegetables and cheese	pork sausages in tomatoes sauce cous cous	rice with fish and vegetables		
Seasonal fruit	Seasonal fruit	Seasonal fruit		
corn crackers with avocado	cereals with milk	yogurt		