



# MAY

Monday

Tuesday

Wednesday

Thursday

Friday

	4	5	6	7	8
<b>main dish</b>	quinoa with vegetables and cheese	veal stew whole wheat	fideua rice	oven roasted chicken and potatoes steam carrots	vegetable, beans, rice and veal ribs soup
<b>dessert</b>	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit
<b>snack</b>	corn chips & guacamole	cereals with milk	yogurt	fruit	bread with nuts spread
	11	12	13	14	15
<b>main dish</b>	pasta with vegetables	turkey stew with mushrooms millet	fish rice	meatballs in tomato sauce polenta	with bean soup rice
<b>dessert</b>	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit
<b>snack</b>	raisins, cheese and breadsticks	cereals with milk	yogurt	fruit	bread with nuts spread
	18	19	20	21	<p><b>STAFF DAY</b></p>
<b>main dish</b>	minestra whole wheat bread	burgers baked potatoes & broccoli	tuna empanada	veggie lasagna	
<b>dessert</b>	seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit	
<b>snack</b>	breadsticks with hummus	cereals with milk	yogurt	fruit	
	25	26	27	28	29
<b>main dish</b>	<p><b>PENTECOST'S</b></p>	minced chicken with vegetables rice with vegetables	fish filet in green sauce bulgur wheat	minced veal with vegetables small pasta	beans mix rice
<b>dessert</b>		seasonal fruit	seasonal fruit	seasonal fruit	seasonal fruit
<b>snack</b>		cereals with milk	yogurt	fruit	bread with nuts spread